



ACADEMY FALL/WINTER 2024-2025

(September - Greenfoot Energy Centre;

October-March - LeBrun)

Registration is on www.bedfordskatingclub.com

Please register after approval from your coach!

REGISTRATION OPENS ON THURSDAY, AUG.22 AT 10AM

BSC & HSC skaters have priority until Sept.1

Tentative Star 6+ Assessment Day: Friday, Dec.20 & Wed, Mar.26

Payment: All payments are online. All sessions can be paid in monthly installments. A \$61.65 Skate Canada fee will be applied to all BSC home club skaters. Non-BSC home club skaters will have this fee deleted and refunded during invoice review by our administrator

Fundraising: BSC has 2 ongoing fundraisers - Oliver's Labels and Sport Split 50/50. For Oliver's Labels please visit oliverslabels.com/bsc for the club to receive 20% of your purchase total. For Sport Split please purchase your tickets at rafflebox.ca/raffle/sportns/19. Thank you for your continued support of our club.

Skate Up/Down Requests: Skater up/down requests must come from coaches

Dressing Rooms/Warm-up Area: **ONLY** skaters and coaches are permitted to enter dressing rooms and/or view sessions from the dressing room hallways. This is a safe sport factor in addition to ensuring enough space for skaters to properly warm-up

Buy-ins: If there is space, a skater may 'buy-in' on a session. Skaters must confirm with their coach prior to purchasing the space. **Buy-ins cannot be used to override the system of sessions showing as full!**

Off-Ice: Off-ice is a key component of a skater's development. It helps ensure skater safety and better use of on-ice time. Please speak to your coach if you need to miss an off-ice session

Additional sessions: BSC is proud to collaborate with Halifax Skating Club to offer additional sessions in a co-ordinated schedule to maximize ice time. Please check their brochure and speak to your coach about these sessions

CanSkate Program Assistants: CanSkate PAs are required for our Wednesday, Thursday and Saturday classes. PA Training will be on Thursday, Sept.19. Details to follow

Skater & Parent behaviour: All participants of BSC sessions must adhere to the Skate Canada Code of Ethics. Skaters and/or parents documented to be bullying (in-person and/or on social media), using inappropriate language, exhibiting inappropriate dressing room behaviours (i.e. taking pictures of other skaters, talking down to other skaters, leaving garbage on the benches and/or floor, displays of romantic relationships, etc.) and/or any other dangerous and/or disrespectful behaviour towards other skaters, parents and/or coaches will be addressed by coaches and/or BSC Board of Directors. Pending the severity of the behaviour(s), skaters and/or parents may be removed from the club

ACADEMY SYNCHRO

Prism 1

<ul style="list-style-type: none"> - Star 8 level - No synchro experience required! - Skaters must be at least 13-years-old as of July 1 but not have turned 18 by July 1 of this year - Fee includes a \$30 dress rental - Additional fees will include: competition registration and practice outfit 		
<p>Monday & Friday 8:50-9:50pm Monday 8:15-8:50pm Friday 25 weeks <i>All Sept. sessions: Greenfoot Energy Centre</i> <i>Oct-March Monday: LeBrun Arena</i> <i>Oct-March Friday: Greenfoot Energy Centre</i></p> <p>*September also includes mandatory Saturday Training Camp from 9am-2:35pm</p> <p><i>Skaters are strongly encouraged to register for the HSC Friday Silver session running prior to the Friday synchro time. The Friday Silver session pricing will be adjusted after registration for Prism 1 members</i></p>	<p>September 6*, 7**, 9***, 13, 14**, 16***, 20, 21**, 23***, 27, 28**, 30*** October 4, 7, 18, 21, 28 November 1, 4, 11, 15, 18, 22, 25, 29 December 2, 6, 9, 13, 16 January 3, 6, 13, 17, 20, 24, 27, 31 February 3, 7, 10, 21, 24 March 3, 7, 14, 17, 21, 24, 31</p> <p><i>*Sept.6 is 8:30-9:05pm</i> <i>**Sept.7, 14, 21 & 28 are Training Camp days from 9am-2:35pm and includes on-ice, off-ice and a lunch break (lunch not provided)</i> <i>*Sept.9, 16, 23, 30 are 4-5pm</i></p> <p><i>No session Oct.11, Oct.14, Nov.8, Dec.20, Jan.10, Feb.14, Feb.17, Feb.28, Mar.10, Mar.28</i></p>	<p>\$850</p>

Prism 2

<ul style="list-style-type: none"> - Star 4 level - No synchro experience required! - Must have at least Star 3 skills or approval - Team Manager & Fundraising Chair will be needed - Fee includes a \$30 dress rental - Additional fees will include: competition registration 		
<p>Sunday 8-8:50pm 20 weeks <i>October-March: LeBrun Arena</i></p>	<p>October 13, 20, 27 November 3, 10, 17, 24 December 1, 8, 15 January 5, 12, 19, 26 February 9, 16, 23 March 16, 23, 30</p> <p><i>No session Feb.2, Mar.2, Mar.9</i></p>	<p>\$430</p>

Session/schedule changes: BSC reserves the right to adjust sessions levels, registration, and scheduling as required to ensure a safe and effective environment for skaters and coaches and/or to meet operational requirements, including potential provincial covid restrictions.

ACADEMY THEATRE ON ICE

<ul style="list-style-type: none"> - No experience required! - Must have at least Star 3 skills - Additional fees may include: competition registration 		
Sunday Theatre on Ice/Six Ways of the Spine 8-8:50pm *Skaters must have passed at least Star 3 skills <i>October-March: LeBrun Arena</i>	October 13, 20, 27 November 3, 10, 17, 24 December 1, 8, 15 January 5, 12, 19, 26 February 9, 16, 23 March 16, 23, 30 <i>No session Feb.2, Mar.2, Mar.9</i>	\$400

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ACADEMY BRONZE

<ul style="list-style-type: none"> - Working on Star 1-2 assessments and/or competition - and/or approval 		
Wednesday (w/Silver) 4-6pm <i>4-5:20pm on-ice; 5:30-6pm off-ice</i> 26 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i>	*September 4, 11, 18, 25 October 2, 9, 16, 23, 30 November 6, 13, 20, 27 December 4, 11, 18 January 8, 15, 22, 29 February 5, 12, 19, 26 March 5, 16 <i>*September dates are 4-5:30pm</i> <i>No session Mar.12</i>	\$425
Thursday: Program Components Group 4-5:20pm <i>4-4:45pm on-ice</i> <i>4:55-5:20pm off-ice</i> 26 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i>	*September 5, 12, 26 October 3, 10, 17, 24 November 7, 14, 21, 28 December 5, 12, 19 January 2, 9, 16, 23, 30 February 6, 13, 20, 27 March 6, 20, 27 <i>*Sept.5, 12 & 26 are 4-4:45 on-ice; 4:55-5:30 off-ice</i> <i>***Sept.19 is PA Training from 5:30-8pm w/ on & off-ice. Details to come</i> <i>No sessions Oct.31, Mar.13</i>	\$340

<p>Saturday 9:00am-10:30am <i>9-10:30am on-ice</i> <i>10:45-11:45am off-ice</i> 25 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 7, 14, 21, 28 October 5, 12, 19 November 2, 9, 16, 23 December 7, 14, 21 January 4, 11, 18, 25 February 8, 15, 22 March 8, 15, 22, 29</p> <p><i>*Sept.7 is 9:15-10:45am on-ice; 11am-12pm off-ice</i> <i>*Sept.14, 21, 28 are 9:45-11:15am on-ice; 11:30am-12:30pm</i></p> <p><i>No session Oct.26, Nov.30, Feb.1 (CanSkate running as usual), Mar.1</i></p>	<p>\$525</p>
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ACADEMY SILVER

<p>Academy Silver</p> <ul style="list-style-type: none"> - Working on Star 3-4 assessments and/or competition - and/or approval <p>*Note that some sessions are listed as Silver Star 4+ w/ a consistent axel</p>		
<p>Monday 6-8:30pm <i>6-7:30pm on-ice; 7:45-8:30pm off-ice</i> 25 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 9, 16, 23, 30 October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 3, 17, 24, 31</p> <p><i>*September dates are 5-6:30pm on-ice; no off-ice</i></p> <p><i>No session Oct.14, Feb.17, Mar.10</i></p>	<p>\$585</p>
<p>Wednesday: Star 3 & 4 w/ no axel (w/Bronze) 4-6pm <i>4-5:20pm on-ice; 5:30-6pm off-ice</i> 26 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 4, 11, 18, 25 October 2, 9, 16, 23, 30 November 6, 13, 20, 27 December 4, 11, 18 January 8, 15, 22, 29 February 5, 12, 19, 26 March 5, 16</p> <p><i>*September dates are 4-5:30pm on-ice; 5:50-6:15pm off-ice</i> <i>No session Mar.12</i></p>	<p>\$425</p>

<p>Wednesday: Star 4 w/ consistent axel 6:15-8:40pm <i>6:15-6:45pm off-ice; 7:10-8:40pm off-ice</i> 26 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 4, 11, 18, 25 October 2, 9, 16, 23, 30 November 6, 13, 20, 27 December 4, 11, 18 January 8, 15, 22, 29 February 5, 12, 19, 26 March 5, 16</p> <p><i>*September dates are 6-6:30pm off-ice; 6:50-8:40pm on-ice No session Mar.12</i></p>	<p>\$555</p>
<p>Thursday: Program Components Group Star 3 & 4 w/ no axel 4:00-5:20pm <i>4-4:45pm on-ice</i> <i>4:55-5:20pm off-ice</i> 26 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 5, 12, 26 October 3, 10, 17, 24 November 7, 14, 21, 28 December 5, 12, 19 January 2, 9, 16, 23, 30 February 6, 13, 20, 27 March 6, 20, 27</p> <p><i>*Sept.5, 12 & 26 are 4-4:45 on-ice; 4:55-5:30 off-ice ***Sept.19 is PA Training from 5:30-8pm w/ on & off-ice. Details to come No sessions Oct.31, Mar.13</i></p>	<p>\$340</p>
<p>Thursday - Program Components Group & Freeskate Star 4+ w/ consistent Axel+ 4:45-7:50pm <i>4:45-5:30pm on-ice PC group</i> <i>5:45-6:05pm off-ice</i> <i>6:25-7:50pm on-ice Freeskate</i> 27 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 5, 12, 19**, 26 October 3, 10, 17, 24 November 7, 14, 21, 28 December 5, 12, 19 January 2, 9, 16, 23, 30 February 6, 13, 20, 27 March 6, 20, 27</p> <p><i>*Sept.5, 12 & 26 are 4:55-6:20pm on-ice; 6:30-7pm off-ice **Sept.19 is 4-5:20pm on-ice ***Sept.19 is also PA Training from 5:30-8pm w/ on & off-ice. Details to come No sessions Oct.31, Mar.13</i></p>	<p>\$835</p>
<p>Sunday Theatre on Ice/Six Ways of the Spine 8-8:50pm *Skaters must have passed at least Star 3 skills <i>October-March: LeBrun Arena</i></p>	<p>October 13, 20, 27 November 3, 10, 17, 24 December 1, 8, 15 January 5, 12, 19, 26 February 9, 16, 23 March 16, 23, 30 <i>No session Feb.2, Mar.2, Mar.9</i></p>	<p>\$400</p>

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ACADEMY GOLD

<ul style="list-style-type: none"> - Working on Star 5+ assessments and/or competition - and/or approval 		
<p>Monday 6:15-8:50pm 6:15-7:15pm off-ice; 7:40-8:50pm on-ice 25 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p> <p><i>Skaters registering for this are strongly encouraged to also register for the HSC Monday session (details on the HSC brochure)</i></p>	<p>*September 9, 16, 23, 30 October 7, 21, 28 November 4, 11, 18, 25 December 2, 9, 16 January 6, 13, 20, 27 February 3, 10, 24 March 3, 17, 24, 31</p> <p><i>*September dates are 6:40-7:50pm on-ice; no off-ice</i></p> <p><i>No session Oct.14, Feb.17, Mar.10</i></p>	<p>\$550</p>
<p>Wednesday: Star 4 w/ consistent axel 6:15-8:40pm 6:15-6:45pm off-ice; 7:10-8:40pm off-ice 26 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 4, 11, 18, 25 October 2, 9, 16, 23, 30 November 6, 13, 20, 27 December 4, 11, 18 January 8, 15, 22, 29 February 5, 12, 19, 26 March 5, 16</p> <p><i>*September dates are 6-6:30pm off-ice; 6:50-8:40pm on-ice</i></p> <p><i>No session Mar.12</i></p>	<p>\$555</p>
<p>Thursday - Program Components Group & Freeskate Star 4+ w/ consistent Axel+ 4:45-7:50pm 4:45-5:30pm on-ice PC group 5:45-6:05pm off-ice 6:25-7:50pm on-ice Freeskate 27 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 5, 12, 19**, 26 October 3, 10, 17, 24 November 7, 14, 21, 28 December 5, 12, 19 January 2, 9, 16, 23, 30 February 6, 13, 20, 27 March 6, 20, 27</p> <p><i>*Sept.5, 12 & 26 are 4:55-6:20pm on-ice; 6:30-7pm off-ice</i></p> <p><i>**Sept.19 is 4-5:20pm on-ice</i></p> <p><i>***Sept.19 is also PA Training from 5:30-8pm w/ on & off-ice. Details to come</i></p> <p><i>No sessions Oct.31, Mar.13</i></p>	<p>\$835</p>

<p>Saturday 9:30am-12:10pm <i>9:30-10:20am off-ice; 10:40-12:10pm on-ice</i> 25 weeks <i>September: Greenfoot Energy Centre</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 7, 14, 21, 28 October 5, 12, 19 November 2, 9, 16, 23 December 7, 14, 21 January 4, 11, 18, 25 February 8, 15, 22 March 8, 15, 22, 29</p> <p><i>*Sept.7 is 10-10:40am off-ice; 10:55am-12:25pm on-ice</i> <i>*Sept.14, 21, 28 are 10:30-11:10am off-ice; 11:25am-12:55pm on-ice</i></p> <p><i>No session Oct.26, Nov.30, Feb.1 (CanSkate running as usual), Mar.1</i></p>	<p>\$645</p>
<p>Sunday Theatre on Ice/Six Ways of the Spine 8-8:50pm *Skaters must have passed at least Star 3 skills</p> <p><i>October-March: LeBrun</i></p>	<p>October 13, 20, 27 November 3, 10, 17, 24 December 1, 8, 15 January 5, 12, 19, 26 February 9, 16, 23 March 16, 23, 30 <i>No session Feb.2, Mar.2, Mar.9</i></p>	<p>\$400</p>

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ACADEMY ADULT ADVANCED SINGLES

<ul style="list-style-type: none"> - Must have previous figure skating experience and be proficient with forward skating, backwards skating, stops and at least basic turns - Pricing is for ice only. Coaching is allowed but will not be organized by the club. Coaches must submit a request to Becky at bedfordskatingclub@hotmail.com prior to attending the session - Synchro practice is allowed but not at the expense of ice flow for other skaters attending 		
<p>Wednesday 8:50-9:50pm 26 weeks</p> <p><i>September: HRM 4-Pad</i> <i>October-March: LeBrun Arena</i></p>	<p>*September 4, 11, 18, 25 October 2, 9, 16, 23, 30 November 6, 13, 20, 27 December 4, 11, 18 January 8, 15, 22, 29 February 5, 12, 19, 26 March 5, 16</p> <p><i>No session Mar.12</i></p>	<p>\$520</p>

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